

# Sprout A Seed!

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One of the most fun parts of learning about plants is when we grow them ourselves. Follow these steps to grow your very own plant!

## What you'll need:

 jar or clear cup

 soil or dirt

 water

 seeds (dry beans from the pantry or any other seeds you may have!)

## How to get your seeds to grow:

1. Fill your jar or cup with soil almost all the way up to the top.
2. Use your finger to create little holes for the seeds.
3. Plant 2 or 3 seeds per cup.  

Tip: If you plant the seeds up against the side of a clear cup or jar, you can watch it sprout roots!
4. Cover each seed with more soil.
5. Place your jar or cup by a window, to receive sunlight
6. Water your seeds every day.
7. Watch your seeds grow into plants!

